



## Achievement Centers for Children

In partnership with the  
Lakewood Family Room

Invites you to attend

# Infant Massage Classes

*Our Sensational Baby® Infant Massage classes are taught in a relaxing and supportive group setting, and designed to enhance the positive bond between you and your baby. Learn ways to soothe your baby when fussy . . . improve digestion . . . deepen sleep . . . stimulate growth . . . meet other parents . . . and so much more!*

**WHO: Mothers, Fathers, Caregivers with Babies**  
(6 weeks to pre-crawling)

**WHERE: Lakewood Family Room East**  
12400 Madison Ave. (located in Fedor Manor)

**WHEN: 5 session series, 9:30 am – 10:30 am**  
Thursdays: Jan. 18<sup>th</sup>, 25<sup>th</sup>, and Feb. 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>

**COST: FREE OF CHARGE to Cuyahoga County Residents**



**Call to Register:**

**Trish Sanders**  
**216-292-9700 ext. 297**



*\*classes fill quickly, so register early.*



[www.achievementcenters.org](http://www.achievementcenters.org)